

Health and Wellbeing Board

25 January 2018

Area Action Partnership Links – 6 Month Update Report



Report of Andy Coulthard, Area Action Partnership Co-ordinator, Transformation and Partnerships, Durham County Council

Purpose of Report

- 1 The purpose of this report is to provide an update in relation to the work taking place to enhance the interface between Area Action Partnerships (AAPs) and the Health and Wellbeing Board to improve the alignment of AAP developments and investments and the priorities of the Partnerships.

Background

- 2 The last report on the work of AAPs was presented to the Health and Wellbeing Board in June 2017. This report forms part of a regular update to the Board that reviews joint working between health and wellbeing partners and the 14 AAPs.

AAPs and Delivery Partnerships

- 3 The following section provides an update on several county wide partnerships and services in which the AAPs are involved. It has been agreed with the lead agencies responsible that progress summaries will be provided through this report.

Community Wellbeing Partnership (CWP)

- 4 The function and purpose of the CWP is currently under review and will need to consider the outcome of the corporate transforming partnerships and prevention programmes. Depending upon the outcome of the discussion the AAPs would see this Partnership or an equivalent as being the arena for county wide discussion on practical health and wellbeing delivery involving the county's community sector and statutory service providers.

Wellbeing for Life (WBfL)

- 5 The WBfL service is being recommissioned. A service specification has been developed by a working group consisting of representatives from Adults, Children's, Public Health, REAL, Transformation and Partnerships (AAP Health & Wellbeing lead) and the Clinical Commissioning Groups. The specification has been released and an evaluation of tender submissions will take place in January 2018 with an expected contract start date of 1st April 2018.

County Durham Dementia Action Alliance (CDDAA)

- 6 In the last report it was highlighted that the CDDAA had agreed their Terms of Reference and, with the support of the AAPs and partners, developed an Action Plan linked to their aims and objectives. Cllr Lucy Hovvells, Chairperson of the Health and Wellbeing Board, is due to attend a CDDAA meeting in the next couple of months to establish further links between the CDDAA and the Board. Cllr Hovvells, as well as several other local elected members, is also at the heart of developing numerous Dementia Friendly Communities across the county in the next few years alongside partners and led by the Alzheimer's Society.
- 7 Dementia Friendly Communities (DFC), a key target for development within the CDDAA action plan, have been, or are being, developed in the following AAPs/towns – East Durham, Mid Durham, Chester le Street, Derwent Valley and Stanley, along with the towns of Trimdon, Shildon, Spennymoor and Bishop Auckland. Further DFC work has been developed and implemented in Beamish museum which is seen by many museums as an example of good practice. Work with Dalton Park and Durham City Centre will commence in the New Year to make their shops, food outlets and cinemas dementia friendly. From February, three Housing Associations (County Durham Housing Group, Karbon and NorthStar) have linked in with four of the AAPs to put in place a two year DFC Coordinator to support local communities to implement DFC across their geographical patches.
- 8 Work is also underway to promote existing support services and improve resident's awareness and knowledge of Dementia with an aim to improve earlier diagnosis. A recent planning report was taken to Cabinet which focused upon how future planning policy and procedures need to be developed to take into consideration dementia and other similar diseases.

AAP Health and Wellbeing Focus Areas

- 9 As highlighted in June's report there are 11 AAPs who have Health & Wellbeing as a key priority, each of these operating a task and finish group whose remit is to use the 2016/17 AAP resident's survey and service partner knowledge to identify the key issues they wish to address in their locality. During 2017 each AAP Board agreed to keep their priority themes for a period of two years to allow longer term focus on key areas of work.
- 10 In summary, the resident's survey for the Health and Wellbeing theme highlighted mental health, access to health services and physical health as their top three issues or causes for concern.
- 11 What should also be noted is that all 14 AAPs have 'Children, Young people and Families' as a priority theme and eight have 'Support for older people' as a theme, both of which have mental health and emotional wellbeing as key issues/areas for concern.

- 12 Mental health and emotional resilience is an area that several AAPs have been exploring over the past few years with projects linked to men's CREES, suicide prevention, children's bereavement support and Buddy Befriending services. Due to this the AAPs are represented on the Mental Health Partnership Board as well as the Suicide Prevention Alliance and featured strongly in the December Suicide Prevention conference.
- 13 Links with Active Durham and the Physical Activity agenda have been formed with AAP representatives linked to a number of working groups currently examining how to get residents more active. The 'Beat the Street' pilot programme which was delivered in conjunction with Chester le Street and 4 Together AAPs won Durham County Council's 'Great Staff, Great Stuff' award for Innovation. Whilst another piece of physical activity work via the 'Active 30' group will see the development of a primary school support website which will be part of a 'push' to get more primary school children regularly active. This also links to a scheme being developed for local businesses to encourage staff members to be more physically active.
- 14 One key health and wellbeing issue that will be examined by all 14 AAPs will be social isolation. From April 2018, each AAP will manage a Social Isolation Fund which will support community led initiatives that meet local needs, impact on County and AAP priorities as they relate to improving outcomes for older people who are socially isolated and encourage participation in activities and projects that provide opportunities for them to contribute positively to their local communities. Each AAP will receive £25,000 for the next three years and has been allocated through the Improved Better Care Fund to enable local preventative measures.
- 15 Age UK County Durham in partnership with Mid Durham AAP have used their allocation of social isolation funding in an attempt to lever in funding from the Social Action Fund (Lottery and Department for Digital, Culture, Media and Sport led). A 'place based' intergenerational programme that will seek to bring residents of all ages together to examine such issues as physical, social and welfare wellbeing has been chosen by Durham County Council to be their 'flagship project. Only one project from each local authority can be entered with 20 projects from around the country being chosen for the first phase of this Funds programme. It has the potential to be a seven year programme with £500,000 of funding available. Details of this will be announced in February.

Summary of AAP Health and Wellbeing Projects for 2017/18

- 16 Relevant Health and Wellbeing Partners continue to support and advise the AAP's task and finish groups to avoid duplication and ensure that projects developed locally compliment and contribute to the Joint Health and Wellbeing Strategy priorities.
- 17 An overview of the number of AAP supported Health and Wellbeing projects for 2017/18 and the funding amounts approved and 'levered in' as matched will be provided in our next report to the Board. The following sections will provide a

brief overview of some of the AAP projects in either in development or recently approved during 2017/18.

- 18 4 AAPs (Chester le Street, Durham, Mid Durham and Stanley) are working with the County Durham and Darlington Fire and Rescue Service to develop a pilot project to address issues over winter deaths (cold related). A gap in provision was recognised by the Severe Weather Plan group when housing and social care partners highlighted schemes previously delivered by partners to provide vulnerable residents with heaters and winter warmth supplies had ceased. The AAPs have funded the pilot project which is based on a 24/7 service model of provision which has been in existence in Cleveland for eight years and is delivered by their Fire and Rescue service. The pilot will operate until March 2019 with an ongoing evaluation being fed back into the Severe Weather Plan group.
- 19 Several AAPs (East Durham Rural Corridor, GAMP, Mid Durham and Spennymoor – possibly Chester le Street) have funded the 'Durham Savers' Project which is delivered through Durham County Council's REAL service, NEFirst and Prince Bishop's Community Bank. The service will seek to educate children and young people about finance (budgeting, planning and saving). The project will seek to tackle financial naivety and provide a new generation of residents with the knowledge to be more financially astute in the future.
- 20 Neighbourhood Budget funding has been used to extend the delivery of Buddies Befriending Service to individuals aged 50+ who live in the GAMP area. The aim of the project is to support older residents, specifically those who are isolated and lonely via a volunteer befriending project. The Neighbourhood Budget will build upon the AAP's Area Budget allocation which saw 20 volunteers trained and supported by the PCP to deliver befriending relationships of up to three months per client – enabling support to up to 57 older residents over the last year.
- 21 AAPs are being encouraged to consider food and nutrition with any school holiday activity programme they support to build upon the good work they have supported in the past.

Shared and Supported Work

- 22 As highlighted earlier in this report the AAPs continue to input into the Severe Weather Plan, Physical Activity, Mental Health and Suicide Prevention Partnerships/ Groups. The AAP representative responsible for connecting AAP work with that of the Health and Wellbeing Board partners is also part of the Joint Health and Wellbeing Strategy working group and linked closely with the delivery of the 'Big Tent Event'. AAP representatives, partners and their delivery programmes figured strongly at the Big Tent event with dementia, mental health and physical activity being a key focus for the workshops.
- 23 The AAPs have also been involved in the Student Voice Survey Action Plan which is currently in development. Similar to the previously mentioned AAP Resident's survey the Student Voice Survey (5,640 respondents from primary

and secondary schools) has identified key areas of concern that the plan intends to tackle. Areas of work that link to the Health and Wellbeing agenda, as well as that of the AAPs include the implementation of the 'Durham Resilience' and the 'Youth Aware of Mental Health' programmes; School nurse drop in sessions; the 'Stamp It Out' Mental Health Anti-Stigma and Discrimination Campaign; the 'Just Simply Ask' website and helpline; alcohol educational sessions; the 'Hyper' energy drink awareness campaign; school holiday activities linked to the provision and preparation of food; Get safe online and the 'Active 30' campaign.

- 24 The AAPs supported the Local Government Association's Prevention Matters Workshop on 12th December. The event provided elected members with an insight into the national and local context in relation to health improvement and health inequalities. It also provided the opportunity for members to examine the health issues and statistics for their local communities alongside supporting them to think about how they could become local health champions. Each AAP provided those present with an overview of their previous, current and future work on this agenda and used the Public Health's 'A walk through the life course' infographic to provide the current health statistics for their AAP. A copy of the 3 Towns AAP information can be found in Appendix 2 (if you require a copy for any other AAP then please contact Andy Coulthard).

Recommendations

- 25 The Health and Wellbeing Board is recommended to note:
- (a) The work that is taking place;
 - (b) The improved alignment of work of the AAPs to the Health and Wellbeing Board;
 - (c) The work by the AAPs during 2017/18 on addressing the Health and Wellbeing agenda;
 - (d) The shared work that AAPs and partners are currently working on.

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Appendix 1: Implications

Finance

The finance highlighted within this report is linked to budgets provided to the AAPs via Durham County Council and Durham County Council's Public Health with the Durham, Dales, Easington and Sedgefield Clinical Commissioning Group contributing funding to the AAPs relevant to their delivery geography.

Staffing

Not applicable

Risk

Not applicable

Equality and Diversity / Public Sector Equality Duty

Not applicable

Accommodation

Not applicable

Crime and Disorder

Not applicable

Human Rights

Not applicable

Consultation

The AAPs engage with local residents and partners throughout the year and base their work on the contributions provided. They provide an opportunity for residents and partners to be part of the working groups tasked to examine, develop and evaluate the outcomes of the aforementioned contributions.

Procurement

Not applicable

Disability Issues

A number of the projects/programmes highlighted within this report will have a positive impact on the quality of life of those residents and their families that are impacted upon by certain disabilities.

Legal Implications

Not applicable

Appendix 2:

3 Towns Partnership's – A Response to Local Health Issues

Purpose: To provide a brief overview of the work of the 3 Towns Partnership regarding local health issues. This brief will focus on preventative work to address health and wellbeing related issues.

3 Towns Partnership Priorities for 2017/18: Our 3 key priorities are Children, Young People and Families, Health and Wellbeing and Community Safety.

Key underlying issues for priorities: The following issues for each priority have been identified via the recent AAP Residents Survey conducted between November 2016 and February 2017. There were 7,976 responses across the county of which 3,346 were young people (3 Towns had 601 responses).

Children, Young People and Families: Risky Behaviour including alcohol, drugs, smoking and crime. Employment including work experience, careers advice, getting a job and apprenticeships. Children's physical, emotional and mental health. Activities including things to do during school holidays and things to for families.

Health & Wellbeing: Social inclusion including access to activities/facilities and access to health services. Physical health including access to activities which help make you physically active.

Community Safety: Anti-social behaviour, safe places for children to play, substance misuse (drugs, alcohol, illegal cigarettes).

Key partners that Mid Durham AAP are working with on this agenda: Durham County Council 's Culture and Sport, Public Health, Clinical Commissioning Groups, Job Centre plus, Citizens Advice, Wellbeing for Life, Advice in County Durham, NHS, Alzheimer's Society, Durham Community Action, Fire and Rescue Service, Police, Northern Heartlands, and a wide variety of local voluntary and community groups including Jack Drum Arts, Mohan Martial Arts, Crook Community leisure and Tow Law Community Association.

Examples of Elected Members projects linked to this agenda: Members have supported school holiday activities; capital projects to improve sports facilities, several projects to tackle speeding including one at a primary school; sustained and developed leisure and social activity and facilities for all ages.

Projects being developed in 3 Towns in 2017/18: 3 Towns have developed a programme in schools looking at emotional wellbeing, following on from a pilot in 3 primary schools by If u Care Share foundation. They will deliver the project in the remaining primary schools. The success of the targeted holiday activities and holiday activity grants from summer 2017 have been noted and 3 Towns are looking to develop a similar offer for future school holiday, ensuring that the most deprived families do not suffer due to 'holiday hunger'. The AAP have worked with 'Prison, me, no way!' too look at a programme of workshops in both primary and secondary schools to tackle the issues around actions and consequences. Wheels to work scheme and robotics workshops have also been allocated funding. The expected impact of the introduction of Universal credit has also developed a project to tackle this issue as the roll out starts in December 2017.

A walk through the life course

3 Towns Partnership

Key
 Best in County Durham
 Worst in County Durham

